

Hoarding Specialist Annotated Bibliography of Recommended Further Reading

This recommended reading list is not required reading for the exam. These are suggestions to supplement the required book list for the Hoarding exam.

BOOKS

- Arluke, A. & Killeen, C. (2009). *Inside animal hoarding: The case of Barbara Erickson and her 552 dogs*. West Lafayette, IN: Purdue University Press.
Detailed examination of a case of animal hoarding.
- Deaver, J. (2008). *The broken window*. New York: Simon & Schuster.
Suspense novel featuring a psychotic villain with extreme hoarding behaviors.
Fascinating description of a hoarded home.
- Doctorow, E. L. (2009). *Homer & Langley: A Novel*. New York: Random House.
Fictionalized biography of Homer and Langley Collyer, who died as a result of their hoarding.
- Frost, R., & Steketee, G. (2010). *Stuff: Compulsive hoarding and the meaning of things*. Boston: Houghton Mifflin Harcourt.
The newest book by two of the leading researchers in the study of hoarding.
- Glovinsky, C. (2002). *Making Peace with the Things in Your Life*. New York: St. Martin's Griffin.
In-depth consideration of people's attachments to things.
- King, D. W. (2008). *Collections of nothing*. Chicago: University of Chicago Press.
Memoir of a man's fifty-plus years of collecting items most people would consider to be of no value.
- Lidz, F. (2003). *Ghostly men: The strange but true story of the Collyer brothers, New York's greatest hoarders*. New York: Bloomsbury.
Biography of Homer and Langley Collyer, who died after an avalanche of clutter trapped them in their apartment.
- Steketee, G., & Frost, R. O. (2007). *Compulsive hoarding and acquiring therapist guide*. New York: Oxford University Press.
Description of hoarding and recommended treatment interventions for psychotherapists. Useful to professional organizers who seek to understand how a therapist might work with a hoarding client. These interventions are to be used only by credentialed mental health professionals.

JOURNAL ARTICLES

- Arluke, A., Frost, R., & Steketee, G. (2002). Press reports of animal hoarding. *Society & Animals*, 10(2), 113-135.
- Cromer, K. R., Schmidt, N. B., & Murphy, D. L. (2007). Do traumatic events influence the clinical expression of compulsive hoarding? *Behaviour Research and Therapy*, 45(11), 2581-2592.
- Frost, R. (2006-2007, winter). Clutter gone wild. *Smith Alumnae Quarterly Online*.
Excellent overview from Frost on hoarding and development of his Clutter Image Rating Scale, including sidebar on how he and his team treat hoarding.
- Frost, R. O., Kyrios, M., McCarthy, K. D., & Matthews, Y. (2007). Self-ambivalence and attachment to possessions. *Journal of Cognitive Psychotherapy*, 21(3), 232-242.

- Frost, R. O., Steketee, G., & Williams, L. (2000). Hoarding: A community health problem. *Health and Social Care in the Community, 8*(4), 229-234.
- Frost, R., & Hartl, T. (1996). A cognitive-behavioral model of compulsive hoarding. *Behaviour Research and Therapy, 34*, 341-350.
Introduction of Frost's definition of hoarding.
- Gitlin, L. N., Schinfeld, S., Winter, L., Corcoran, M., Boyce, A. A., & Hauck, W. (2002). Evaluating home environments of persons with dementia: Interrater reliability and validity of the Home Environmental Assessment Protocol (HEAP). *Disability and Rehabilitation, 24*(1-3), 59-71.
- Greenberg, D. (1987). Compulsive hoarding. *American Journal of Psychotherapy, 41*(3), 409-416.
Older article; shows understanding of hoarding pre-Frost.
- Grisham, J. R., & Barlow, D. H. (2005). Compulsive hoarding: Current research and theory. *Journal of Psychopathology and Behavioral Assessment, 27*(1), 45-52.
- Grisham, J. R., Brown, T. A., Liverant, G. I., & Campbell-Sills, L. (2005). The distinctiveness of compulsive hoarding from obsessive-compulsive disorder. *Journal of Anxiety Disorders, 19*(7), 767-779.
Relevant to the debate over whether hoarding is a sub-condition of OCD.
- Hartl, T. L., Duffany, S. R., Allen, G. J., Steketee, G., & Frost, R. O. (2005). Relationships among compulsive hoarding, trauma, and attention-deficit/hyperactivity disorder. *Behaviour Research and Therapy, 43*(2), 269-276.
- Hartl, T. L., Frost, R. O., & Allen, G. J. (2004). Actual and perceived memory deficits in individuals with compulsive hoarding. *Depression and Anxiety, 20*(2), 59-69.
- Houston, S. H. (2007). On being owned by what we own. *PsycCRITIQUES, 52*(42).
- Kaplan, A., & Hollander, E. (2004). Comorbidity in Compulsive Hoarding: A Case Report. *CNS Spectrums, 9*(1), 71-73.
- Kyrios, M., Frost, R. O., & Steketee, G. (2004). Cognitions in compulsive buying and acquisition. *Cognitive Therapy and Research, 28*(2), 241-258.
- LaSalle-Ricci, V. H., Arnkoff, D. B., Glass, C. R., Crawley, S. A., Ronquillo, J. G., & Murphy, D. L. (2006). The hoarding dimension of OCD: Psychological comorbidity and the five-factor personality model. *Behaviour Research and Therapy, 44*(10), 1503-1512.
- Luchian, S. A., McNally, R. J., & Hooley, J. M. (2007). Cognitive aspects of nonclinical obsessive-compulsive hoarding. *Behaviour Research and Therapy, 45*(7), 1657-1662.
- Maier, T. (2004). On phenomenology and classification of hoarding: A review. *Acta Psychiatrica Scandinavica, 110*(5), 323-337.
A literature review in which the author concludes that the term hoarding is inadequately defined. Includes a bibliography of over 100 articles and books that reference hoarding.
- Montero-Odasso, M., Schapira, M., Duque, G., Chercovsky, M., Fernandez-Otero, L., Kaplan, R., et al. (2005). Is collectionism a diagnostic clue for Diogenes syndrome? *International Journal of Geriatric Psychiatry, 20*, 709-711.
- Mueller, A., Mueller, U., Albert, P., Mertens, C., Silbermann, A., Mitchell, J. E., et al. (2007). Hoarding in a compulsive buying sample. *Behaviour Research and Therapy, 45*(11), 2754-2763.
- Samuels, J. (2007). 'Compulsive hoarding and OCD: Two distinct disorders?': Dr. Samuels Replies. *American Journal of Psychiatry, 164*(9), 1436-1436.
See original article by Van Grootheest and Cath (listed below).
- Samuels, J. F., Bienvenu, O. J., III, Pinto, A., Fyer, A. J., McCracken, J. T., Rauch, S. L., et al. (2007). Hoarding in obsessive-compulsive disorder: Results from the OCD Collaborative Genetics Study. *Behaviour Research and Therapy, 45*(4), 673-686.
- Saxena, S. (2007). 'Compulsive hoarding and OCD: Two distinct disorders?': Dr. Saxena Replies. *American Journal of Psychiatry, 164*(9), 1435-1436.
See original article by Van Grootheest and Cath (listed below).

Saxena, S., & Maidment, K. M. (2004). Treatment of compulsive hoarding. *Journal of Clinical Psychology, 60*(11), 1143-1154.

A benchmark article on the state of understanding of hoarding. Includes discussion of the use of cognitive-behavioral therapy (CBT) with exposure and response prevention (ERP) to address hoarding-related cognitions and behaviors.

Saxena, S., Brody, A. L., Maidment, K. M., & Baxter, L. R., Jr. (2007). Paroxetine treatment of compulsive hoarding. *Journal of Psychiatric Research, 41*(6), 481-487.

Seedat, S., & Stein, D. J. (2002). Hoarding in obsessive-compulsive disorder and related disorders: A preliminary report of 15 cases. *Psychiatry and Clinical Neurosciences, 56*(1), 17-23.

Steketee, G., Frost, R. O., & Kim, H.-J. (2001). Hoarding by elderly people. *Health & Social Work, 26*(3), 176-184.

Steketee, G., Frost, R. O., & Kyrios, M. (2003). Cognitive aspects of compulsive hoarding. *Cognitive Therapy and Research, 27*(4), 463-479.

Stewart, S. E., Rosario, M. C., Brown, T. A., Carter, A. S., Leckman, J. F., Sukhodolsky, D., et al. (2007). Principal components analysis of obsessive-compulsive disorder symptoms in children and adolescents. *Biological Psychiatry, 61*(3), 285-291.

Van Grootheest, D. S., & Cath, D. C. (2007). Compulsive hoarding and OCD: Two distinct disorders? *American Journal of Psychiatry, 164*(9), 1435-1435.

See also replies (listed above) from Samuels and Saxena.

Wilbram, M., Kellett, S., & Beail, N. (2008). Compulsive hoarding: A qualitative investigation of partner and carer perspectives. *British Journal of Clinical Psychology, 47*(1), 59-73.

Wincze, J. P., Steketee, G., & Frost, R. O. (2007). Categorization in compulsive hoarding. *Behaviour Research and Therapy, 45*(1), 63-72.

NSGCD PUBLICATIONS

NSGCD Clutter-Hoarding Scale

NSGCD Fact Sheet 003: Common Characteristics of Chronically Disorganized Individuals

Flood-Knerr, P. (2009). Introduction to Compulsive Hoarding. St. Louis, MO: NSGCD.

Steketee, G. (2008). Compulsive Hoarding: Connecting a Functional Model to Practice Methods.

NSGCD Conference recording.

Steketee, G. (2008). Cognitive Strategies in the Treatment of Hoarding and Chronic Disorganization.

NSGCD Conference recording.

Steketee, G. (2008). Enhancing Motivation during the Organizing Process (2 parts).

NSGCD Conference recording (2 parts).